

"They are what they eat" *The Influence of Geochemistry on Animal Health in Northern Ireland*

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<u>Outline</u>

The importance of trace elements in animal health and what we can learn from the **TELLUS** soil survey data.

Cobalt, Co

Copper, Cu

Selenium, Se









Trace elements in animal health

- Components of enzymes
- Co-factors in biochemical reactions
- Insufficient or excess amounts may lead to poor health, decreased production, clinical disease or even death
- Trace elements interact with each other in complex biochemical reactions



Trace elements in animal health cont.

- The levels of minerals and trace elements in the soil determine the levels present in the pasture and crops grown in that area.
- Grazing animals are dependent on pasture or supplementation for their mineral and trace element requirements.







- Ruminants cannot use Vitamin B12 available in their diet
- Micro-organisms in the rumen require Cobalt to produce
 Vitamin B12
- Vitamin B12 is used to metabolise propionic acid
- Propionic acid is used by ruminants as an energy source
- Without Vitamin B12 (and therefore Cobalt) ruminants will effectively starve!



Normal and Cobalt deficient sheep





Cobalt deficiency

Observed most frequently in areas of

- Granite catchments i.e. Mournes area in Northern Ireland
- High rainfall (i.e. in uplands and to the west)
- High pH, especially areas heavily limed

TELLUS Survey Map of Soil Cobalt, Co





<u>Copper, Cu</u>



- Copper is used in the formation of nerves, bone and haemoglobin and affects keratin synthesis.
- Both Copper deficiency and Copper toxicity occur in animals
- Breed differences in susceptibility occur e.g. in sheep :
 - Texels are more susceptible to Copper toxicity than Scottish Blackface
 - Scottish Blackface sheep are more prone to Copper deficiency than Texels



Scottish Blackface



<u>Texel</u>



<u>Copper toxicity</u>

- Two forms: acute and chronic (Chronic is the most common)
- Excess copper is stored in the liver until a "tipping point" is reached
- Large amounts of copper are released suddenly into the circulation
- This causes peroxidation of fats and intravascular haemolysis (breakdown of red blood cells within the circulation)
- Clinical signs include jaundice and death. Occasionally gastroenteritis, diarrhoea, abdominal pain, anorexia, dehydration and shock are seen



Copper toxicity (contd)

- Copper toxicity is more likely if intake of Molybdenum, Iron and/or Sulphur is low
- Conversely high levels of Molybdenum can result in Copper deficiency





<u>Copper_deficiency</u>

Copper deficiency comes in several forms:

- Poor coat quality, "steely wool"
- Stillbirth
- Anaemia
- Swayback

<u>Copper deficiency 'Spectacles'</u>







Calf with Copper deficiency

Normal calf



<u>Copper deficiency</u> – swayback

- Swayback is a condition of unweaned lambs
- Shows as an in-coordination of the hind limbs
- Animals are bright and alert, feed and may appear normal if lying down
- Occurs when dams have low copper levels in mid-pregnancy
- Areas likely to display Copper deficiency can be identified from the TELLUS soil maps







- Selenium is used by the body as an antioxidant
- Other nutrients (especially Vitamin E) are linked to Se and can partially replace Se in the diet
- Selenium toxicity and Selenium deficiency occur
- Selenium deficiency is most common animal deficiency in Northern Ireland



<u>Selenium</u>

- Selenium is incorporated into an enzyme which functions as an antioxidant of fats
- Vitamin E and Selenium are partially mutually replaceable
- More likely to see clinical Se deficiency if Vitamin E also low
- Skeletal muscles and the heart are most commonly affected
- Muscles are pale (white muscle disease) and may have Ca deposits. Both sides of the body are affected

Selenium deficiency



Selenium deficient sheep

White muscle disease



TELLUS Survey Maps and Hill Farm Map (C Munoz)

<u>1. Soil Selenium, Se</u>





2. Sediment Selenium, Se



3. Water Selenium, Se





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